



www.lons.derbyshire.sch.uk

01773 744319

Dear Parents/carers,

In Years reception, 1 and 2 we base all our Personal, social, Health Education lessons (PSHE) on an excellent resource from Derbyshire county Council called PSHE Matters. PSHE is a school subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. These skills and attributes help pupils to stay healthy and safe and prepare them for life and work in modern Britain. When taught well, PSHE education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life, so we are therefore extremely passionate about teaching it to our children.

The PSHE matters resource supports the teaching of PSHE in Early years and Key stage 1, in line with the government and National Curriculum expectations. We work hard in school to ensure that all PSHE lessons directly meet the needs and wishes of our children, so we use the resources as a basis for our lessons.

As part of the PSHE curriculum we cover RSE (relationships and sex education) at an age appropriate manner.

Lessons in each year group

Reception	Year 1	Year 2
Managing feelings and behavior Making relationships	Difference and Diversity Exploring emotions Relationships	Being me Changes Growing up Being safe

Further information can be found on our school website under curriculum PSHE.

If you have any further questions please do speak to your class teacher or email the school office info@lons.derbyshire.sch.uk or ring 01773 744319 to arrange to speak to the class teacher

Thank you for your support

Mrs Joynes